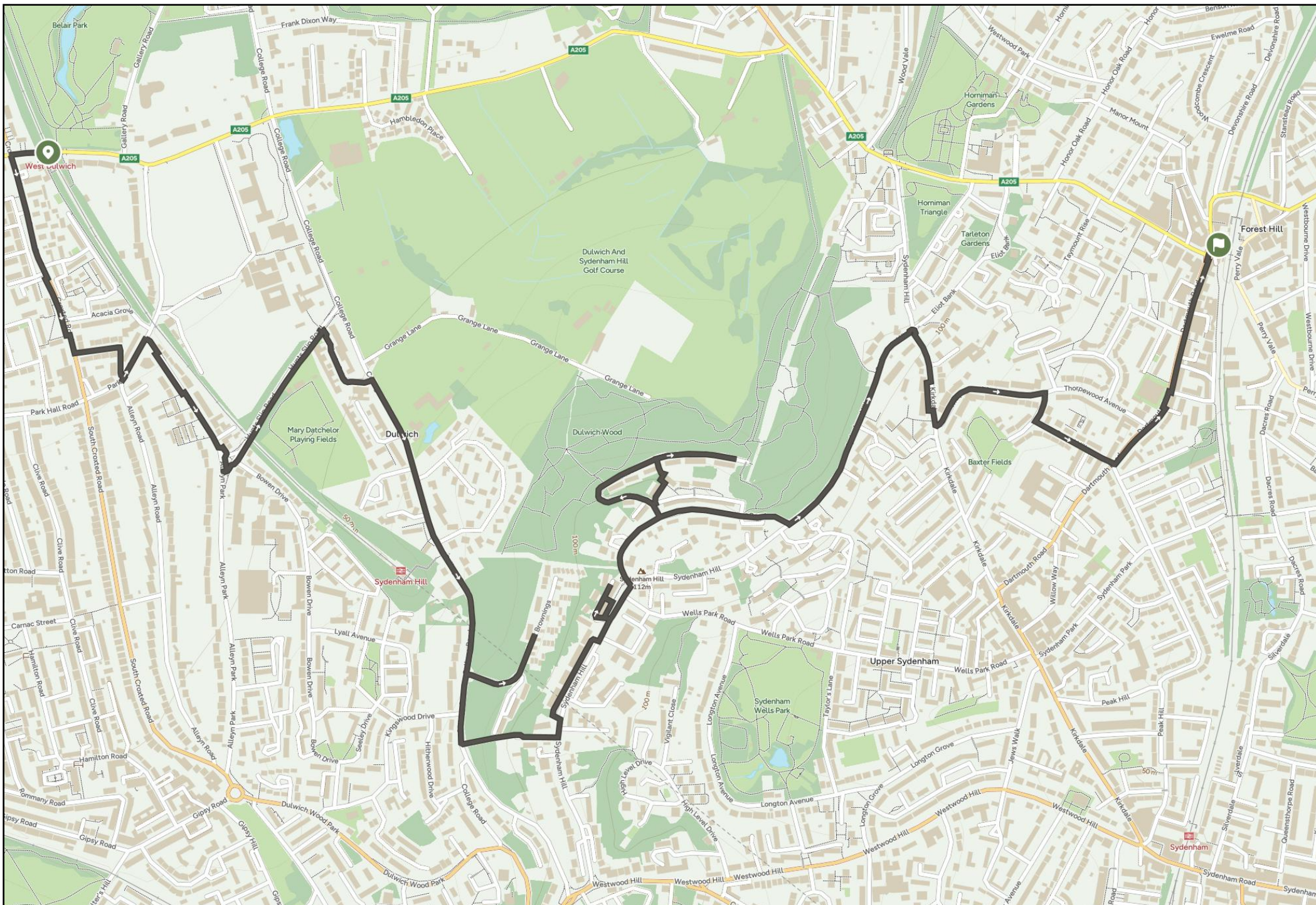


PERAMBULATION NO 7: WEST DULWICH TO FOREST HILL



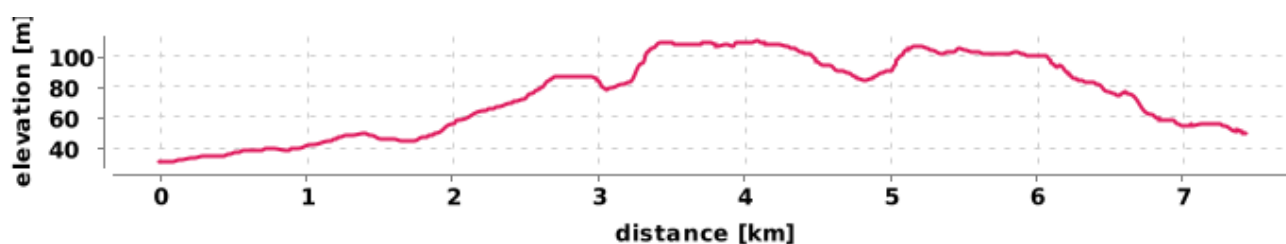
Route Information

Perambulation No 7: West Dulwich to Forest Hill

Route Summary

Total Distance	7.44 km (4.63 mi)
Elevation	31 m at lowest point
	110 m at highest point
Total Ascent	112 m

Elevation Profile



Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	TQ 327 730	0 km	51° 26' 28" N	0° 5' 30" W	31 m
2	TQ 353 729	7.44 km	51° 26' 21" N	0° 3' 12" W	51 m

Distance from previous: **7.44 km**, Ascent from previous: **132 m**, Descent from previous: **113 m**