

NEWS



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Join Us

Download the membership application and gift aid forms from the 'How to Join' page on our website via the QR code. The best way is to complete the online form and pay by bank transfer. You can also print and complete the form then return it by post. BACS payment details are on the membership form. We are no longer able to accept cheques or cash. If you have any questions, please call Sheila Jemmett on 01580 200647 or use the website contact form.



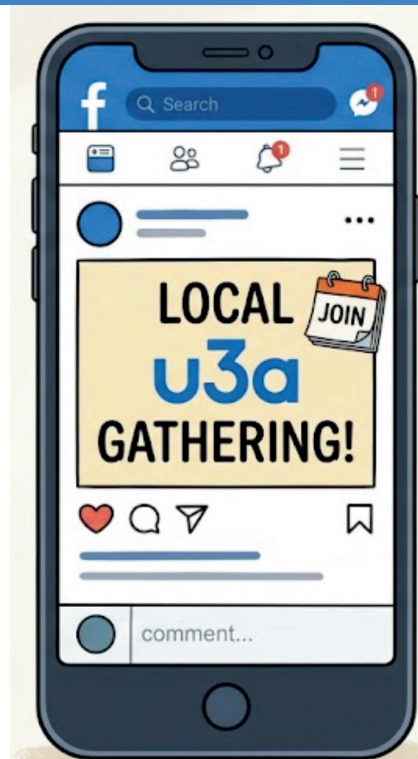
Share Interests | Spark New Passions | Build Lasting Friendships

Your u3a membership also includes:

- Enjoying a year-round programme of social events
- Making new friends
- Discovering new interests and re-awakening old passions
- Listening to expert and entertaining talks
- Keeping up-to-date with village life and being part of a vibrant community

News to Share?

Your u3a NEWS editor is Tim Ball
Copy deadline for Christmas 2026 issue
15th November 2026
Please email copy using website 'Contact Us' page



A Fresh Approach: Our New Communications Strategy

We have been working hard on a brand-new Wadhurst u3a Communications Strategy! Designed specifically to attract the younger members we need to help run our u3a in the future, this initiative ensures your u3a stays vibrant and sustainable.

After looking critically at the words and images we use, our new approach focuses on what truly drives our members: following our passions, remaining curious, and staying active.

To reach new audiences alongside our loyal membership, we will be using Facebook to connect with existing and potential members, in addition to the regular updates you are used to receiving in the Bulletin and this magazine.

Special Interest Groups

We have 30+ Special Interest Groups

Academic and Intellectual: Science & Technology, Art Appreciation, Modern Architecture, Family & Social History and Wine Appreciation

Creative: Art, Gardening, Life Writing and Knit & Natter

Fitness and Well-being: Walking, Croquet, Table Tennis, Chair Yoga & Balance, Tai Chi, Karate, Kindfulness plus discounted Studio & Gym exercise classes at Uplands Sports Centre

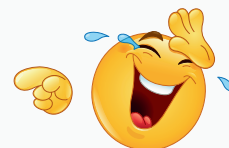
Games, Pastimes and Social: Mah Jong, Bridge, Play-reading, Home Gardens, Rock & Pop, and Singles Sunday Lunches in the company of friends



New Group Ideas



The earlier you get to the bar, the sooner you can start questioning your life choices



Members often suggest new groups but we always need someone to lead them and so we are looking for convenors for these possible groups:

Investments
Artificial Intelligence
Mobile Phone Photography
Current Affairs Breakfasts
APT – Adventures on Public Transport
French Conversation
Historic Buildings

Early Doors

Our newest group Early Doors held their first meeting recently. Six of us enjoyed a cold one outside the Greyhound pub, enjoying the sunshine. Conversation was wide ranging with no topic dominating; music, local gossip, vintage cars. The group is for all u3a members to meet up socially to enjoy an early evening drink, some lively conversation and strike up new friendships. We will meet on the first Friday of the month at 5.00pm in one of our 'locals', alternating between Wadhurst and Ticehurst. If you can only come once in a while that's fine; just drop in when you can, buy yourself a drink and join in the conversation. You'll be warmly welcomed. Details will be posted on the website each month.

The phrase originates from around 1870 when theatres started to offer early entrance for those who wanted to get the best seats just before the performance started. It's also a slang phrase for pub customers who arrived early before the old evening opening, which used to be 5:30pm before pubs were allowed to open all day.

Ten Pin Bowling

We meet on the last Friday of the month and the next meeting will be on Friday 25th September from 2.30–4.30pm. It's essential to know how many people are coming in advance so either email lynda@embersons.net or call 01580 201994. The cost is approx. £7.80 for 2 games. Even if you are not very mobile you can still join in using special apparatus. Come and join us – it's good fun, sociable and great exercise.

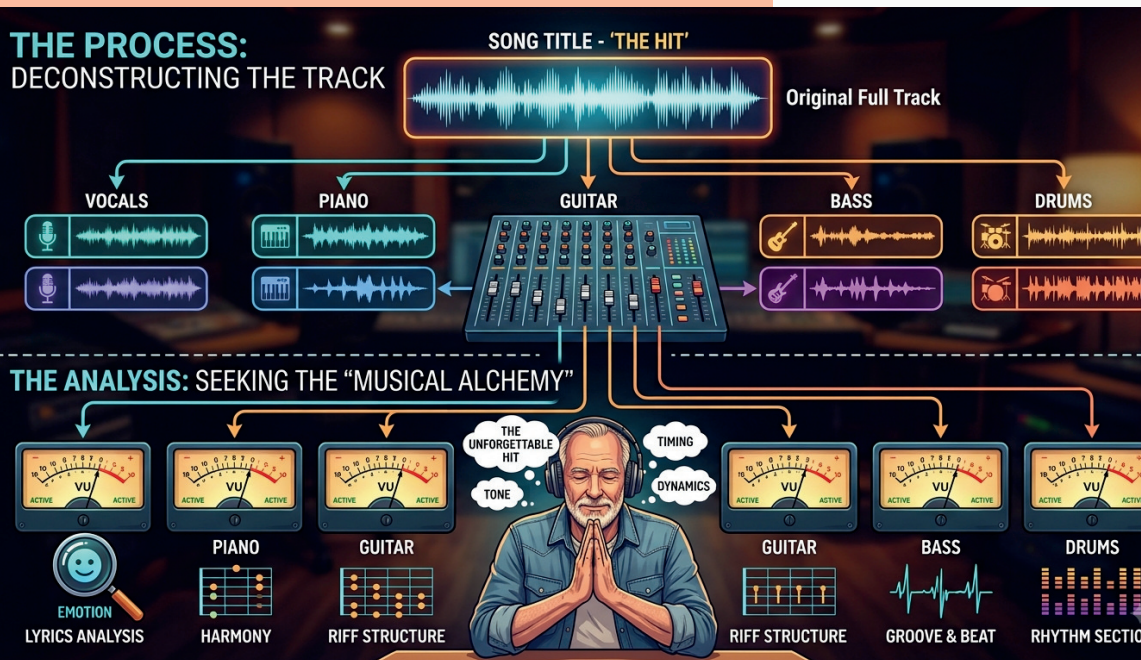
We meet at Hollywood Bowl, Knights Park, Longfield Road, Tunbridge Wells TN2 3UW. Lifts are available if needed.



DNA Of A Hit Song

What makes a song timeless? To try and find out, the **Rock n Pop Group** dissected the masterpiece that is Steely Dan's 1976 "Kid Charlemagne" to work out how the legendary sound was achieved. Was it Bernard Purdie's pushed drum groove, Larry Carlton's legendary guitar solo or Donald Fagen's masterful prosody?

Prosody is the rhythm, stress, and intonation that uses changes in singing pitch, volume, and timing to match a lyric to the music and help the listener understand meaning



We took the original track and split it into the separate stems of vocals, piano, guitar, bass and drums. Then listened to each part on its own to try identify the musical alchemy that turns a great song into an unforgettable hit.

How many music producers does it take to change a light bulb?
Three: one to screw it in, and two to hold down the songwriter and convince them it was their idea.



The Longer I Live, The More Beautiful Life Becomes

These inspiring words are from one of my architecture heroes, Frank Lloyd Wright. They perfectly celebrate growing old gracefully. Throughout my career as an architect, I often looked to Wright's visionary designs to solve complex problems, but today, it is his perspective on the deepening beauty of existence that resonates most profoundly. As we age, our perspective shifts, allowing us to appreciate the intricate details of a life well-lived.

Bob Dylan reflects on the freedom that comes with this clarity. He notes that "you're not rushing to become anything," finding peace in the realisation that the frantic pressures of our younger years simply fade away. This liberation allows us to focus on what truly brings joy, unburdened by past expectations. There is a unique sweetness to this transformation, as Brigitte Bardot archly suggests: "It's sad to grow old, but nice to ripen." Like a fine vintage or a perfect harvest, our experiences enrich our character, bringing a depth of flavour and wisdom to our daily lives that only time can provide. Liza Minnelli encourages us to embrace this authentic self-assurance, advising us to "stop auditioning for approval." In our 80s, we possess the wonderful confidence of knowing exactly who we are, what we love, and what truly matters, allowing us to live with bold authenticity.

Here are some other joyful reflections of growing old disgracefully!

- Robert Browning – "Grow old along with me! The best is yet to be"
- C.S. Lewis – "You're never too old to set another goal or to dream a new dream."
- Robert Frost – "A diplomat is a man who always remembers a woman's birthday but never remembers her age."
- Fred Astaire – "Old age is like everything else. To make a success of it, you've got to start young."
- George Harrison – "All the world is a birthday cake, so take a piece, but not too much."

What has been the most beautiful part of your journey so far? I would be delighted to hear your positive thoughts and uplifting experiences to include in our special Christmas edition of NEWS..

The Robots Are Coming!



Are you ready to discover how robots are quietly revolutionising our world? If so, join us for an insightful talk; "The Robots Are Coming," where we reveal how these machines may shape our future.

You may remember images of robots from science fiction classics like *I, Robot* or TV characters like Robbie the Robot. But the reality of today's robotics is far more dynamic and integrated into our daily lives than popular culture might suggest. From precision-engineered automotive assembly lines to the vacuum cleaners in our homes and the medical assistants working in our hospitals, robotics is no longer a futuristic concept; it's here, and it is becoming more and more pervasive.

What is a robot's favourite type of music?
Heavy metal



During the talk, we will explore the "Sense-Think-Act" loop that defines what a robot actually is, whether a drone is a robot and examine the diverse roles of robots in industries ranging from restaurants and taxis to military reconnaissance and rescue operations.

As we move from self-driving cars to automated lorries, buses, and eventually pilotless aircraft and cargo ships, we must also confront the ethical dilemmas that accompany this technological leap.

We'll touch upon the critical "rules of behaviour" for machines, revisiting Asimov's classic laws while debating the pressing modern questions surrounding AI and the extent of machine autonomy; especially in warfare.

We can already see self driving taxis in London and delivery vehicles will soon follow. We may also see self driving buses and aircraft in the future.

How do you feel about riding in a robo-taxi?



The talk is designed to demystify the technology that is rapidly changing our global landscape and at the same time sample the kind of topics we cover in the Science and Technology group. So whether you are curious about how robots work or concerned about their ethical implications, join us at **2pm on October 6th at Sparrows Green Pavilion for a window into the future.**

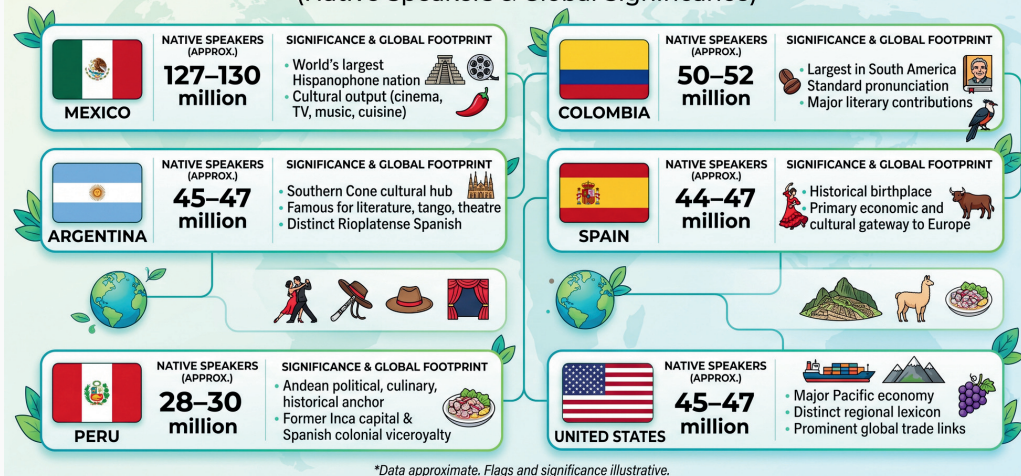
Spanish Conversation Group

This new group will be starting on 22 September and we are especially delighted to have the support of Esther Sanchez Manso, one of our new members, who will be helping us improve our speaking and listening skills. Esther's first language is Spanish and she has a wealth of experience, having lived in both Spain and Argentina. There will be plenty to talk about! There are still a couple of vacancies in this group, so if this is something that appeals to you, please contact our Group Convenor, David Austin, via the website, or sign up at the monthly meeting.

Being able to speak some Spanish transforms travel across Spain and the Americas into an enriching journey. It simplifies logistics by allowing you to read signs, arrange local transport, and confidently explore off-the-beaten-track destinations beyond the typical tourist spots. Removing the language barrier means you can talk to the locals, order regional dishes and even handle unexpected emergencies calmly. It might also help you avoid inflated tourist prices.

TOP SPANISH-SPEAKING COUNTRIES

(Native Speakers & Global Significance)



Did you know that Spanish is, by the number of people who speak it as a first language, the second most important language in the world.

There are around 1 billion speakers of Mandarin Chinese, 500 million Spanish speakers, 400 million English speakers and around 350 million Hindi speakers. So learning Spanish is really useful as you can see from the infographic.

Where do bees go to party in Spain?
Ibiza



The Restaurant Of Mistaken Orders

Imagine sitting down at a dining table, ordering a bowl of ramen, and instead receiving steaming dumplings. In most restaurants, that mix-up would be very annoying. At the **Restaurant of Mistaken Orders** in Japan (Chūmon o Machigaeru Ryōriten), it is greeted with smiles, laughter, and gratitude.

Launched as a pop-up initiative in Tokyo, the restaurant hires staff who live with dementia. The premise is disarmingly simple: guests order knowing they may not get what they asked for because orders might get mixed up; and that's okay.

Dementia often carries heavy stigma and can lead to isolation. By turning unexpected service errors into moments of connection, the restaurant replaces tension with gentle understanding. The project proves that individuals with cognitive decline can remain active contributors to their communities when given a supportive environment.

Around 37% of orders are reportedly mistaken, yet 99% of customers leave happy. The food is great, but the true experience is the human connection.

Founder Shiro Oguni conceived the idea after visiting a nursing home where he was served dumplings instead of a hamburger. Realising that the error took nothing away from the meal's enjoyment, he sought to create a space where customers and workers learn patience and compassion.

The initiative has earned international acclaim and inspired similar pop-up models worldwide. It reminds us that an inclusive world does not have to be a perfect world.



Interest Group	Convenor	Day/Time	Venue
Active Plus Thursday	Jane Austin	Thursdays 10:05 – 11:05	Uplands Sports Centre
Active Plus Tuesday	Jane Austin	Tuesdays 11:10 – 12:10	Uplands Sports Centre
Art Appreciation	Margot Yeo	See website	see website
Art at Ticehurst	Kris Armstrong	last Friday 14:00	member's home
Art at Wadhurst	Sheila King	2nd Tuesday 10:00	Carillon Cottage
Book Group 1	Margaret Jones	See website	member's home
Book Group 2	Janet Pelham	4th Wednesday 14:00	Carillon Cottage
Book Group 3	Jane Austin	2nd Monday 14:00 – 16:00	Orchard Room
Bridge	Liz Rosevear	Thursdays 10:00	Sparrows Green Pavilion
Chair Yoga and Balance	Jane Austin	Mondays 12:30 – 13:15	Uplands Sports Centre
Croquet	Jane Austin	Summer only	Wadhurst Cricket Pavilion
Early Doors – Social Drink	Tim Ball	5pm 1st Friday of month	see website
Family & Social History	Sheena Carmichael	2nd Thursday 14:00	member's home
Gardening	Sheila Jemmett	3rd Tuesday 10:00	check with convenor
Home Gardens	Rosemary Johnson	contact convenor	member's home
Karate	Marianne Whittingdale	check with convenor	check with convenor
Kindfulness	Susie Swift	4th Friday 10:30 – 12:30	member's home
Knit & Natter	Rosemary Johnson	1st Tuesday 14:30	member's home
Life Writing	Jessica Brown	alternate Tue 10:00	member's home
Mah Jong	Jackie Jensen	2nd & 4th Thu 14:00	member's home
Modern Architecture	Jane Austin	See website	Sparrows Green Pavilion
Play Reading	Philip Cheung	See website	member's home
Rock & Pop	Tim Ball	Check with convenor	member's home
Science & Technology	Philip Cheung	1st Tuesday 14:00	Sparrows Green Pavilion
Show & Tell: Social History	Eileen Ramm	4th Thursday 14:00 – 16:00	member's home

Interest Group	Convenor	Day/Time	Venue
Spanish Conversation	David Austin	Fortnightly Tuesday 11:00–12:30	member's home
Strictly Fitstep	Sara Irwin	Weds 11:15 (not 1st Weds)	Ticehurst Village Hall
Sunday Singles Lunches	Mary Brewer & Iris Glover	3rd Sunday 12:00	check with convenors
Table Tennis	Philippa Standley	Tuesdays 12:30	Uplands Sports Centre
Ten Pin Bowling	Lynda Emberson	last Friday 14:00	Hollywood Bowl, TW
Walking Group – Long	Ian Hurst	2nd Thursday 10:00	check with convenor
Walking Group – Short	Andrew Mcindoe 07802 604408	check with convenor	check with convenor
Wine Appreciation	Kevin & Cathy Poole	4th Wednesday 17:00	check with convenor
Yoga via Zoom	Sara Irwin	Mondays 09:30	Zoom

To find out more about a particular group click on the Group name on the website and contact the convenor. You can also find group details in this list.

We are always on the lookout for ideas or suggestions for new groups. Get in touch with our groups co-ordinator, Jan Whiteley.



SCAN HERE



see www.wadhurst.u3asite.uk
for up to date information

Architecture Boat Tour along the Thames from Blackfriars to Battersea

On a glorious evening in July, members of our u3a Modern Architecture Group together with friends and partners met at Crown Pier by Blackfriars Bridge for a memorable architectural voyage of discovery along the Thames. Our guide was architect, Benedict O'Looney, who provided a fascinating commentary on the historic significance of the buildings and landmarks along the riverfront, and the modern additions to the landscape by some of the world's finest architects.

Travelling along the Victoria Embankment at the start of our boat tour, we were told about its creation as part of Bazalgette's hugely ambitious engineering project to construct the first major sewage system for London, dating back to 1859-75. Our attention was drawn to the green spaces along the riverfront, designed to create habitats for wildlife and recreational areas for people to enjoy. We also saw the new islands along the embankment, built as part of the recently completed Thames Tideway project to construct London's new 'super-sewer'. Next came Temple House, a fine example of early 20th-century architecture, its dignified façade reflecting the legal history of the district. On the south side, we had wonderful views of the South Bank complex, with the National Theatre and the Royal Festival Hall, a post-war modernist treasure that remains a beacon of cultural life and riverside music.

We had great views too of the London Eye. This 135m wheel was built to celebrate the Millennium. Designed by Marks and Barfield, it was designed to last 5 years but it's now in its 26th year.

Unlike typical Ferris wheels, which are held up by 2 posts, the London Eye is supported by a single A-frame, making it appear to hang over the river. Passing under Waterloo Bridge, known as the Ladies' Bridge for its wartime construction by women, we were able to see the play of light and shadow beneath its arches and the exquisite ceramic lettering only visible from the water. The Palace of Westminster soon came into view, its Gothic splendour glowing in the evening light. The recently restored Elizabeth Tower took on a golden shimmer, marking a return to its former glory.



Nearby is Portcullis House, with its grid-like stone and metal façade, and its dramatic tall cylindrical chimneys, all designed to complement, not compete with, the Palace of Westminster. It sits directly on top of Westminster Underground, and the two were designed as a single integrated structure. This makes it one of the most complex "over-station" projects ever attempted in the UK.



A short distance away on the opposite bank we had a glorious view of its counterpart, the monumental MI6 building, home of Britain's foreign intelligence agency. It opened in 1994 and sits on the Albert Embankment beside Vauxhall Bridge. It was designed by Terry Farrell, a leading postmodern architect.

On our return journey we glimpsed the Oxo Tower with its signature window design and the Shard which dominates the skyline. Designed by Renzo Piano, its 310m glass spire is visible from almost any vantage point along the water. It was a voyage of discovery and celebration of London's architecture told from the water, with Benedict O'Looney's insights bringing every landmark to life. As we docked, the twinkling reflection of the city lights on the river Thames marked the end of a perfect evening.



Croquet

Although the long hot summer is probably a distant memory there is the next season's soft click of wood on wood to look forward to starting in May and running until October. We meet at Wadhurst Cricket Pavilion and priority is given to new members. It's only £2.00 per session including equipment and refreshments



Croquet Is:

The genteel lawn game where players politely whack wooden balls through tiny hoops while quietly plotting each other's downfall.

Equal parts strategy, precision, and passive-aggressive tapping.

It's the only sport where you can wear a sunhat, sip lemonade, and still ruthlessly whack your opponent's ball flying into the flowerbeds



Athletic Prowess

Someone who can swing a mallet without injuring themselves or others

Biscuit Bravado:

A uniquely Wadhurst phenomenon where a player, freshly fortified by a chocolate Hobnob, believes they possess championship-level skill fuelled by sugar, swagger and misplaced hope

Champion's Chuckle:

The laugh shared after a wildly over-ambitious shot, signalling that athletic glory may need to wait until next week

Croqueteer Chuckle

The laugh you make when your opponent's ball does something ridiculous, moments before yours does the same

Deirdre's Dispatch

That delightful croquet moment when Deirdre pauses, considers her options like a grandmaster in deep thought, and then produces a shot so unexpectedly brilliant that everyone assumes it was part of a master plan

Graham's Gambit

The uplifting croquet moment when Graham steps up, gives his ball a calm, confident nudge, and somehow produces a shot so smooth and stylish that everyone wonders if he's been secretly practising at dawn

Tea Break Interregnum

That heart-stopping croquet moment when a perfectly calm game is shattered by the arrival of the teapot, followed by a break so long that nobody remembers the score, the rules, or whose turn it was

Wadhurst Whack

A shot taken with gusto, optimism, and absolutely no idea where the ball will end up

Some Helpful Technical Croquet Terms!



Walmer Castle Visit

Our visit to Walmer Castle in June proved to be an unforgettable day out under clear, sunny skies. Walking through the grounds immersed us in centuries of coastal defence and national heritage.



Originally commissioned in 1539 by King Henry VIII as a formidable Tudor artillery fortress against threats from both Francis I of France and Holy Roman Emperor Charles V (King of Spain), the stronghold gradually evolved into an elegant, peaceful residence. Over the centuries, it has served as the official home for the Lords Warden of the Cinque Ports and has hosted notable figures such as William Pitt the Younger, Queen Elizabeth The Queen Mother and the Duke of Wellington, who spent his final days here in 1852.



We spent several hours wandering the formal gardens and taking in the panoramic sea views across the English Channel from atop the stone battlements. A few brave souls even carried their afternoon tea up to the ramparts to enjoy the view under the watchful eye of opportunistic seagulls! It was a wonderful blend of rich history, striking scenery, and shared laughter that made the day truly special.



Don't Call It Ping Pong

Whatever happened to games of **Whiff-Waff**, **Flim Flam**, **Netto** or **Gossima**? Not much. They were all early names of what is now universally known as Table Tennis.

The earliest documentary evidence of the game is a patent application by Ralph Slazenger for an 'adapted form of ordinary lawn tennis 'to be played upon a billiard or dining table' in 1883, but there is no evidence of any subsequent development. The first table 'set' was patented in 1890 and was included in a series of Parlour Table Games by David Foster along with cricket and football, and was an attempt to replicate the increasingly popular lawn tennis indoors.

There is some evidence that a version of the game was played as an after-dinner frolic at public schools and British military messes using books and golf balls for equipment. So it was not surprising that the Eton educated Boris Johnson talked about Whiff-Waff coming home during the London Olympic hand-over ceremony in 2008.



Before becoming a tennis legend, Fred Perry was a world champion in table tennis. He won the men's singles title at the 1929 World Table Tennis Championships in Budapest and remains one of the very few athletes to win both a major tennis Grand Slam and a world championship in table tennis.

He found that table tennis helped improve his hand-eye coordination and taught him to think and move fast. So having conquered table tennis, he shifted his focus to lawn tennis, going on to win eight Grand Slam singles titles, including Wimbledon three times.



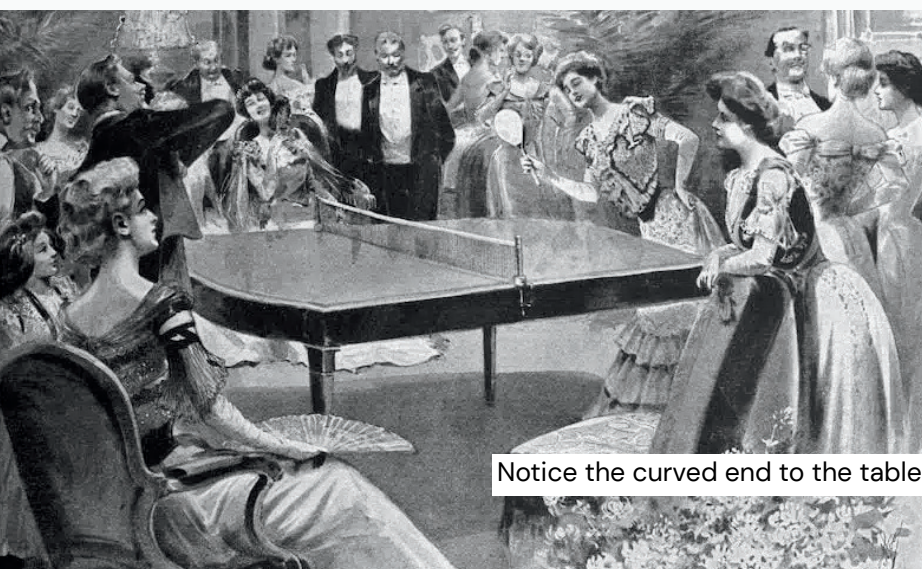
Strictly Fitsteps - The Fitness Dance Class From Strictly Come Dancing

Strictly Come Dancing professionals created this dance-fitness workout that combines ballroom and Latin American steps. You don't need a partner; you dance solo, so it's easy to join in on your own.

The exercises incorporate moves from the Cha Cha Cha, Rumba, Quickstep, Jive, American Smooth and more, giving you a full-body workout that blends aerobic exercise and body toning suitable for all ages and fitness levels.

FitSteps is a fun and effective workout whilst dancing your troubles away! The routine and music varies each month to keep things fresh. Why not come along and give it a try. Our friendly class is led by our professional instructor, Amanda.

The cost is £8.00 each for U3A members and £10 for non members.



Notice the curved end to the table

The game quickly caught on with the public and was marketed under these various names. Harry Dacre's song from 1884 'Ping Pong' popularised the name which came from the sound of the celluloid balls bouncing off rackets. J Jacques changed the name of Gossima to Ping Pong and trademarked the name. Ping Pong became a trademark was rigorously enforced for commercial purposes with only Jacques equipment allowed in tournaments and clubs associated with the newly formed Ping Pong Association in 1901. Parker Brothers acquired the American rights to Ping Pong and adopted a similar commercial policy. In time only Table Tennis and Ping Pong have survived.

Supporting Vital Care: Hospice in the Weald

The Duke of Gloucester visits Hospice in the Weald, shining a light on its breadth of care. Hospice in the Weald was delighted to welcome His Royal Highness The Duke of Gloucester for a special visit to its site in Pembury to meet patients, staff and volunteers.



His Royal Highness, accompanied by the Lord Lieutenant of Kent, Lady Colgrain, were given a tour of the Hospice by Chief Executive Nick Farthing during the visit on 9th July. The Duke met those who access the Living Well service and the team who deliver it, enjoying live music at a sing-along session and learning about the therapeutic benefits of the wide range of support offered to those facing life-limiting and life-threatening illnesses.

Nick Farthing, Hospice in the Weald Chief Executive said: "It was a wonderful opportunity to showcase the exceptional care, compassion, and support that we provide to our patients, loved ones and community every day."

Hospice in the Weald provides compassionate, specialist palliative care, free of charge, to those facing terminal and life-limiting illnesses. It is dedicated to helping patients live well and make meaningful choices by delivering tailored support 24 hours a day through in-patient care in Pembury, community visits at home, or practical guidance for families and carers.

This vital service relies heavily on voluntary funding so please support the Wadhurst shop. It plays an active role in raising crucial funds by selling an ever-changing selection of quality pre-loved clothing, books, homeware, and unique gifts.



Bridge Group - Engaging, Stimulating and Supportive



Our u3a Bridge Group meets weekly on Thursday mornings from 10.00am to 12.00noon in the Sparrows Green Pavilion. It offers relaxed, friendly play for anyone who enjoys a strong hand and good company.

It's a sociable mix of learning and friendly competition, perfect for those returning to the game. If you'd like to sharpen your skills in a supportive local group, there's always a seat at the table.

There are three kinds of bridge players: those who can count, and those who can't.



To find out more contact Liz, using the email link on the website.

Summer Walks

Ian Hurst recently took over the walking group and has led us on some new walks. We enjoyed a flat walk without stiles around Scotney Castle's grounds and hop gardens with a cafe stop at the end.



We had to abandon 2 walks; one because it was too wet, and one because it was too hot!



Sarah led a shorter walk to avoid the heat, starting at the bottom of Churchsettle Lane. Although very hilly it was shaded by woodland and there were no stiles.



Surviving the Heat

An original poem by Liz Learmond

How shall I compare these summer days of blistering heat,
Meadows full of butterflies, the earth parched,
The blackberries ripe and juicy before August?
I lie still in stifling heat trying not to breathe, in the oven hot air.

The plants succumb, as their roots dry up. I fill the bird baths,
Scarcely a bird comes. Yet the foxes have raised a second tribe
Of cubs, that skulk and play in the abandoned orchards.
The swifts too have fledged and circle their farewells,
Imprinting home on memory for next year's return.

My memory returns to summers green and moist,
Hoping for sun, perhaps today, to go out and play,
Make hay. But this summer's day we no longer hope for sun.
We wish for rain on the face, not perspiration on the brow.

Our green and temperate land is, baked, blonded, bleached;
Crackles beneath our feet. News of fires flicker fear.
God give us grace to persevere.



Home Gardens

We've had a wonderful summer exploring each other's gardens, from compact plots to larger gardens, sharing knowledge, exchanging seeds, seedlings and cuttings.

It's hard to remember now, but back in June the weather was cold and wet before the intense summer heat took hold. Despite these dramatic weather shifts, we have still been able to enjoy discovering what can survive and see how different plants cope with this new climate.

We arrange at least two visits per month at dates and times chosen by the host to visit their garden and arrange car shares for those who don't drive.

No matter what the weather brings, from spring chills to summer scorchers, the core idea of our group remains the same: sharing our passion for gardening, exchanging fresh ideas, and enjoying the wonderful company of good friends - often over delicious cake!

If you love gardening as much as we do and would like to join us for inspiration, conversation, and community, please make contact via the website.



Table Tennis

Members of the Table Tennis group enjoying the sun, good company and a glass of Pimms after an energetic table tennis session



Thinking of booking a holiday?



RIVIERA
TRAVEL

If you book a holiday or cruise with Riviera Travel, and mention Wadhurst u3a, they will not only give you a great price but also donate 10% of the cost to the Third Age Trust. Wadhurst u3a receives a share of that donation that helps with our funds.

Scan for other holiday deals via u3a.



Walmer Castle - Jan Whiteley



u3a

Wadhurst & District

Autumn 2026